

Kriya Yoga of Mahavatar Babaji



Mahavatar Babaji re-introduced this ancient technique in 1861 and gave permission for its dissemination to his disciple Lahiri Mahasay

[Kriya Yoga](#)

Kriya Yoga, the highest form of pranayam (life force control), is a set of techniques by which complete realization may be achieved.

In order to prepare for the practice of Kriya Yoga, the [Yoga Sutras of Patanjali](#) are to be studied, the [Eight Fold Path](#) learned and adhered to; the [Bhagavad Gita](#) is to be read, studied and meditated upon; and a Disciple-Guru relationship entered into freely with the Guru who will initiate the disciple into the actual [Kriya Yoga techniques](#). These techniques themselves, given by the Guru, are to be done as per the gurus instructions for the individual. There are also sources for Kriya that are guru-less. See the [Other Resources/Non Lineage](#) at the bottom of organizations

For more information on Kriya Yoga please use these links and the ones among the list of Kriya Yoga Masters.

[Online Books](#) [A Personal Experience](#) [More](#)

[Lineage](#) [Organizations](#) [Non Lineage Resources](#) [Message Boards/Groups](#) [India](#)

The information shown below is a list of "Kriya Yoga Gurus". Simply stated, those that have been given permission by their Guru to initiate others into Kriya Yoga.

Kriya Yoga instruction is to be given directly from the Guru to the Disciple. When the disciple attains realization the Guru may give that disciple permission to initiate and instruct others in Kriya Yoga thus continuing the line of Kriya Yoga Gurus.

Kriya Yoga Gurus generally provide interpretations of the Yoga Sutras and Gitas as part of the instructions for their students.

Choose carefully--It is an Eternal Bond.

Lineage of Kriya Yoga Gurus

Addresses are included in [square brackets] where available. Alternate names or name spellings are in (parenthesis) as well as additional information.
Please send corrections, additions, comments [here](#).

The Lineage starts with [Mahavatar Babaji](#) who re-introduced this ancient technique in 1861 and gave permission for its [dissemination](#) to his disciple Lahiri Mahasaya

001. [Lahiri Mahasaya](#): The Polestar of Kriya (1828 - 1895)

The Disciples of Lahiri Mahasaya and their Lineage

101. [Panchanan Bhattacharya](#) (Devghar Baba), the chief disciple of Lahiri Mahasaya, founder [Arya Mission Institute](#)

102. Swami Mahabir

103. [Swami Kebalananda](#) (Yogacharya Shastri Mahasaya) (Hansaswami Kebalanandaji Maharaj)

104. [Swami Pranabananda](#)

105. [Brahmachari Kesavananda](#)

106. [Tinkori Lahiri](#) (Eldest son of Lahiri Mahasaya born 1863)

107. [Dukori Lahiri](#) (Youngest son of Lahiri Mahasaya born 1865)

108. [Swami Sri Yukteswar \(1855 - 1936\)](#)

109. [Brajlal Adhikari](#)

110. Prasad Das Goswami

111. Kali Kumar Banerjee

112. Kesav Chandra Banerjee

113. Ram Dayal Mazumder

114. Hari Narayan Palodhi

115. [Bhupendranath Sanyal](#) (1877-1962)

116. Brajalal Adhikari [Nadia, West Bengal]

117. Joyram Bhattacharya

118. Ramarupa Bhattacharya

119. Kailash Chandra Banerjee

120. Kanti Acharya

Disciples of (101) Panchanan Bhattacharya and lineage

200. [Sris Mukherjee](#)

201. [Nagendranath Choudhuri](#)

202. Hari Mohan Bandopadhyaya

203. Bodhisatta Bhattacharya (son of 101)

204. Baman Das Bandopadhyaya

270. Shri Netaicharan Banerjee

301. Adyanath Roy (disciple of 200)

302. Sibamoya Bhattacharya (son of 203)

303. Nitai Charan Bandopadhyaya (disciple of 204)

304. Shri Dharmendra Vats (disciple of 270)

Disciples of (103) Swami Kebalananda

205. Panchkori De (Brahmachari Santananda) [Sevayatan, Midnapore, West Bengal, India]

206. Tinkori De [Sevayatan, Midnapore, West Bengal, India]

Disciples of (104) Swami Pranabananda Giri

207. Jnanendra nath Mukherjee

208. Brahmachari Sananda

Disciples of (105) **Brahmachari Kesavananda**

210. Swami Satyananda

210. [Swami Nityananda](#)

210. Swami Vidyanada [Radhabag, Katyayani pith, Vrindaban, Uttar Pradesh, India]

Disciples of (106) **Tinkori Lahiri (Shri TeenKodi Lahiri)**

220. Tara Charan Lahiri

221. Satya Charan Lahiri (Shri Satyacharan Lahiri) [Satyalok, D/22/3 Chausatti ghat, Varanasi-1, Uttar Pradesh, India] (grandson of Lahiri)

222. Abhaya Charan Lahiri

223. Banamali Lahiri (great grandson of Lahiri) [D/31/58 Madanpura, Varanasi-1, Uttar Pradesh, India] Where Lahiri Mahasay actually lived

Disciples of (107) **Dukori Lahiri**

225. Ananda Mohan Lahiri

Disciples of (108) **Swami Sri Yukteswar**

230. Motilal Mukherjee (1885-1992)

231. Swami Satyananda (initiated by Kebalananda) (1896-1971)

232. [Paramahansa Yogananda](#) (1893 - 1952) [Lessons](#)

233. Swami Bhabananda Giri (1894-1984) [ashram: Swami Sri Yukteswar math at Chandrakona road, Midnapore, West Bengal]

234. Swami Paramananda (-1984)[Nimpura, Midnapore, West Bengal, India]

235. Swami Narayana (Swami Narayana Giri) ("Prabhujee")

236. Amulya Charan Santra [Kipperpore center]

237. Bijoy Kumar Chatterjee

238. Bipin Chandra Bhumia (Dr. Bipin Bihari Bhumia)

239. Swami Dhirananda (Basu Kumar Bagchi), initiated by Kebalananda

240. [Sri Sailendra Bejoy Das Gupta](#)

241. Golakananda Giri

242. Dasarathi Chatterjee

380. Ned Waller (Kashi or n.w. kashi bala gopee) [<http://yoganiketan.net>] (initiated by 240)

Granddaughter of (114) **Hari Narayana Palodhi**

245. Binapani Devi

Disciples of (115) **Bhupendranath Sanyal**

250. Nikhil Dey

252. Sailendranath Mukherjee (8-A Haisova St., Calcutta - 700023)

253. Jwala Prasad Tiwari [Gurudham, Mandar Hill, Bhagalpore, Bihar, India]

254. Sunil Kumar Ghosh

255. Sri Girijapati(Gurudham ashram, Puri) (son of 115)

256. Kashipati Sanyal (Gurudham ashram, Puri) (son of 115)

Disciples of (221) **Satya Charan Lahiri**

310. [Shailendra Sharma](#)

311. [Dr. Ashoke Kumar Chatterjee](#) (1933-)

312. [Shibendu Lahiri](#) (son of 221) [Dynastic Kriya Yoga](#)

Disciples of (230) **Motilal Mukherjee**

320. Tripurari Har [Lachhipur, Radhanagar via Ghatal, Midnapore, West Bengal, India]

321. Brahmachari Anilananda [Chatra, Serampore, Hooghly, West Bengal, India]

Disciples of (231) **Swami Satyananda**

330. Swami Sudhananda (initiated by Kebalananda) [Sevayatan, Midnapore, West Bengal, India]
331. Swami Hariharananda/Ushananda [Karar Ashram, Swargadwar, Puri, Orissa, India]
332. Swami Dhirananda
333. Swami Niranananda
334. Swami Jagadananda (Gadrasini, Belpahari, Midnapore, West Bengal, India)
335. [Swami Satyeswarananda Giri](#)

Disciples of (232) **[Paramahansa Yogananda \(PY\)](#)**

340. Swami Atmananda
341. Swami Sevananda [Bholagiri Sanyas Ashram, Hardwar, Uttar Pradesh, India]
342. Swami Sadananda [Kriya yoga Kutir, Risikesh, Uttar Pradesh, India]
343. Swami Binayananda
344. Swami Bidyananda [Lakhanpur, Purulia, West Bengal, India]
345. Swami Satchidananda [Dhanyasol, Salboni, Midnapore, West Bengal, India]
346. [Swami Premananda](#) [Brahmachari Jotin](4748 Western Ave., N.W., Washington, D.C.)
347. [Srimati Kamala](#)
348. Peggy Deitz
349. [J. Donald Walters](#) (xSRF Swami Kriyananda)
350. [Swami Hariharananda](#) (Robindranath Bhattacharya) (1907 - 2002)
351. [Roy Eugene Davis](#) (1931-)
359 [Yogoda Satsanga Society](#) of India (YSS) & [Self-Realization Fellowship](#) (SRF) - Sri Daya Mata, President

Special Notes:

- 1) **No YSS-SRF ministers are Kriya Yoga Gurus.** "*The President of Self-Realization Fellowship, as the channel of the Guru-Founder, Paramahansa Yogananda, is the only person [in SRF] authorized to give Kriya Yoga initiation. By virtue of the spiritual authority vested in her, the president may designate other ministers to conduct the initiation ceremony.*" -SRF magazine, Spring 1978, page 53.
- 2) A list of [Authorized Ministers](#) is being researched.
- 3) Each disciple gets 6 Gurus. [Read the YSS-SRF Kriya Yoga Pledge](#) The minister performing the Kriya Yoga Initiation at a YSS-SRF ceremony DOES NOT become the guru for the disciple taking the initiation

Disciples of (233) **Swami Bhabananda Giri**

360. [Swami Sadhanananda Giri](#) (joyguru@kriyayogashram.com) [Jujarshah Jogashrama, PO & Vill- Jujarshah, Via-Andul Mouri, West Bengal, Pin Code - 711302, India] [Book: Yoga-Its Mystery and Performing Art,1998](#)

Disciples of (253) Jwala Prasad Tiwari

370. [Shrimati.Chandrakanta Agarwala](#) (disciple Sanyal mahasay 256) [207-A , Rash Behari Avenue, Calcutta 700019, India]
371. Padmakant thakur [Shyamacharan sangh, Guru ashraya, 231/B Patliputra Colony, Patna 800013]
372. Dr Indranath Chakraborty
373. Sunil Kumar Ghosh, calcutta [book](#): "A Life Divine, a Short Life-Sketch: Divine Activities and Messages of Yogacharya Sri Sri Bhupendranath Sanyal Ma. Calcutta, India"

Disciples of (331) **Swami Hariharananda/Ushananda**

400. Swami Jnanananda [Bajitpur, Birbhum, West Bengal, India]

401. Brahmachari Bhubaneswarananda

Disciples of (340) **Swami Atmananda**

410. Swami Sradhhananda

411. Swami Brahmananda [Narkeldanga, Calcutta]

Disciples of (109/350/115/231) **Swami Hariharananda**

421. Swami Premananda

422. Swami [Atmananda Paramahansa](#)

423. [Swami Shankarananda Giri](#) (disciple of 235)

424. [Paramahansa Prajcanananda](#) (Trioki Dash) (Brahmachari Triloki Dash)(Swami Prajcanananda Giri)

(successor in charge of [Kriya Yoga Institute](#)) Founder of [Prajnana Mission](#)

425. [Swami Shuddhananda Giri](#) (ashrams in Cuttack, Balighai (Puri), and Bhisindipur (Bengal))

426. [Swami Brahmananda Giri](#) (Cuttack ashram in Orissa)

427. [Swami Vidyadhisnanda Giri](#) (US/UK/India)

428. [Swami Sarveshwarananda Giri](#) (founder of Hariharananda Mission in Latin America)

429. [Swami Mangalananda Giri](#) (Austria)

Organizations

* not part of direct lineage

INDIA

- [Arya Mission Institution](#) founder (101) Panchanan Bhattacharya (**NOW OPEN**) 192, Rabindra Sarani, Kolkata-700 007, West Bengal | **Publish original books of Kriya yoga and provide them free of cost all over the globe**
- Bhratri Sangha [48/2, Ramtanu Bose Lane, Calcutta 700006]
- Gurudham (253/255) [Chatra, Serampore, Hooghly], [Bihar Mandar Hill, Bhagalpore]
- [Jujersa Kriyayoga Ashram](#) (formerly **Jujersa Yogashram**) (360) [P.O. & VILLAGE - JIJERSA, VIA - ANDUL - MOURI, DIST - HOWRAH, WEST BENGAL, INDIA., PIN CODE - 711302]
- * [Kriyayoga Research Institute](#)/Kriyayoga Fellowship Worldwide formerly Yog Satsang Samiti, founder Swami Shree Yogi Satyam [Nai Jhunsi, Allahabad, Uttar Pradesh in Northern India] *beware, the founder, Swami Shree Yogi Satyam, claims to be a re-incarnation of Paramhansa Yogananda (no lineage info provided)*
- [Prajnana Mission](#) founder Paramahansa Prajnananandaji
- Sadhu Sova [Karar Ashram, Swargadwar, Puri, Orissa]
- Sat Sanga Mission [Sevayatan Midnapore]
- [Yogada Sat Sanga Society of India](#), founder (232) Paramahansa Yogananda [Calcutta 700076, West Bengal] Tel: 91 (33) 564-5931, 91 (33) 564-6208 Fax: 91 (33) 564-8111

U.S.A.

- [Ananda](#) Community, founder (349) J. Donald Walters (xSRF Swami Kriyananda) [14618 Tyler-Foote Rd., Nevada City, CA 95959] Te1: (530) 478-7560]
- [Self Revelation Church](#) founder (346) Swami Premananda [4748 Western Ave., N.W., Washington, D.C. 20016-4341]
- [Self Realization Fellowship](#) founder (232) Paramahansa Yogananda [3880 San Rafael Avenue, Los Angeles, California 90065-3298] Tel: (323) 225-2471
- [Center for Spiritual Awareness](#), founder Roy Eugene Davis [Nevada City, CA 95959 Box 7

Lakemont, Georgia 30552] Tel: (706) 782-4723

- [Kriya Yoga Institute](#) founder (350) Swami Hariharananda [P.O. Box 924615, Homestead, FL 33092-4615] Tel: +1 305-247-1960
 - [Dynastic Kriya Yoga](#) founder (312) Shibendu Lahiri
 - San Diego, Ca (619) 444 1197 or Kriyasandiego@yahoo.com
 - Los Angeles, Ca (949) 623 3060 or bhb21@msn.com
 - [2004 Programmes, retreats, Initiations](#)
-

Other Resources (non Lineage)

- [Hamsa Yoga Sangh](#) founder Yogiraj Gurunath Siddhanath
 - [Cyberspace Ashram for Kriya Yoga](#) Gurulesss initiations, Kechari & Maha Mudra illustrations
 - Gheranda Samhita
 - [HATHA YOGA PRADIPIKA](#) full text online, includes technique descriptions
 - [International Babaji Yoga Sangam](#) Founded by Yogi S.A.A. Ramaiah, "The 18 Siddha, Kriya Yoga Tradition"
-

Message Boards & Groups

- [KRIYA YOGA DISCUSSION BOARD](#)
 - [Kriyashram Yahoo Group](#) (for followers of 360)
-

India

- [Ministry of Tourism and Culture, India](#)
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